



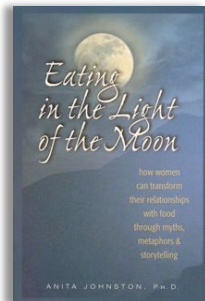
# BODY TALK:

## USING METAPHOR TO TREAT BODY IMAGE & EATING DISORDERS

Join psychologist **Anita Johnston, Ph.D.**, author of *Eating in the Light of the Moon*, in a workshop for health professionals treating disordered eating and body image issues.

**Experience a lively, interactive presentation where you can:**

- Learn approaches for helping clients understand the connection between negative body image & deeper emotions
- Discover the hidden meaning in negative body image issues and disordered eating behaviors.
- Learn how to decode the metaphors embedded in negative body talk.
- Understand the role of the menstrual cycle in the etiology of body image issues.
- Understand the role of embodied movement in eating disorder recovery.



**Date:** Friday, March 5, 2010  
**Time:** 9:00am – 4:00pm  
**Location:** Tyler Haynes Commons, Rm. 327  
University of Richmond  
28 Westhampton Way  
Richmond, VA 231173  
**Tuition:** \$85.00 before February 5  
\$95.00 after February 5  
**CEU's:** pending for Social Workers & RD's

**To Register:** visit [www.DrAnitaJohnston.com](http://www.DrAnitaJohnston.com)

**For more information, contact:**

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Debbie Daniels Mohring, Ph.D. at 804-740-0681 or [drdanielsmohring@comcast.net](mailto:drdanielsmohring@comcast.net)

*Join us in helping clients change the way they “see”  
rather than the way they “look”!*